I hope this week's update finds you and your families safe and well.

This week saw the earlier start than normal of our new timetable. Initial feedback suggests that this has been a smooth transition for most of our young people and their families. We are working to sort out a few ‘tweaks’ based on parental feedback and aim to have these completed soon. It is crucial that pupils are motivated, focused and engaged as they undertake new courses in S4/5/6; a good start to new certificated courses is important to set a foundation for the rest of the academic year. Please let us know if there are any difficulties accessing materials by emailing the school at bhs@scotborders.gov.uk.

Many of our families have reported that they find the Show My Homework (aka Satchel One) app to be useful. If you would like to download this, please email the school office and we can email you back the Pin number required.

I’d like to offer some reassurance to the parents/carers and pupils who would have been sitting exams at the moments and share that during the past few weeks, staff at Berwickshire High School have been incredibly busy collating all the required information to send to SQA. Results for pupils will be issued on **Tuesday 4 August**. If you want your results sent as a text message – sign up here: [https://www.mysqa.org.uk/cs8/content/secure/my_homepage.jsp](https://www.mysqa.org.uk/cs8/content/secure/my_homepage.jsp)

Although we remain in lockdown, I am certain that many of our pupils have engaged in ways to support other family members, neighbours or their local community. We would very much like to hear about such examples so we can, as always, share and celebrate this more widely. Examples could include playing instruments during the ‘Clap for Carers’ each Thursday evening, helping an elderly neighbour with shopping, cooking/baking efforts etc. We would love to hear from you with a picture, film footage and a few short words. Please send these to bhs@scotborders.gov.uk so that we can share!

As always, please get in touch with the school if you have any queries at all about an aspect of school life as we continue in the current situation. On behalf of all the staff at Berwickshire High School, I would like to once again remind you all to stay safe and look after yourselves.

Ms Thomson—Depute Headteacher

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**For any students and parents struggling to work out what to do on Teams, below is link to a simple video by Tony Phillips which has good hints and tips - scroll down the page to “Student and Parent Guide to Microsoft Teams”**

[http://www.tonyishere.co.uk/category/office-365/class-notebook/](http://www.tonyishere.co.uk/category/office-365/class-notebook/)
**BGE RME Work**

I wanted to share with you some of the work that the B.G.E. pupils have been doing in RME. They have shown their creative sides when completing some of the tasks from the ‘Marks in the Landscape’ and Worship units. These included creating their own special place that they would want to go to for some peace and reflection, designing their own stained-glass picture, stating things that they are grateful for and making a Mandala. I have been very impressed with their imaginative, creative and reflective work. And I have to admit that I am grateful for Netflix too! Miss McAleece

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**5 thing I’m grateful for today**

1. **Family** - they are always there for me and support me through everything.
2. **Friends** - they make me laugh all the time and I miss them so much right now.
3. **Food** - I’m lucky enough to have good, healthy food to eat.
4. **Health** - I’m healthy and fit and so is my family and relatives, so I am very grateful.
5. **Where I live** - I live in a beautiful place surrounded by countryside, nature and endless fields which I can explore.

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**1. I'm grateful for my family**
   
   because in lockdown it is great to play games and watch films with them so you are not bored.

**2. I'm grateful for still being able to talk to my friends even if we can't see them**

**3. I am grateful for the NHS because of how they are risking their health to help us through this tough time**

**4. I'm also grateful for everyone who appreciates the NHS and claps every Thursday night.**

**5. I'm grateful for Netflix/Disney+ I know it's a bit silly but without them I would have been bored to death!**

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**Enthusiastic Respectful Committed Safe Supportive**